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Higher Education & Training: Health, Wellness and Development Centre

# **Internal Advertisement**

# Clinical/Counselling Psychologists – Entry Level

Higher Education and Training Health Wellness and Development Centre is an implementing agency of the Department of Higher Education and Training (DHET) in respect of health, wellness and development of students and staff at 26 public universities and 50 technical and vocational education and training (TVET) colleges, with some 400 campuses across the country. The organisation is a national force for youth development, inspiring and enabling students to safeguard their health and wellbeing and pursue opportunities for personal growth and social responsibility.

Higher Education and Training Health Wellness and Development Centre aims to contribute to the success of the higher education and training sector by:

- Improving the health and psycho-social wellbeing of students, thereby enabling larger numbers of students to complete their studies and graduate in sound health.
- Enriching the knowledge and skills students acquire in relation to health, mental wellbeing and social development, and preparing them for career and family responsibilities.
- Creating a campus environment that is conducive to student health and wellbeing and offers structured opportunities for their personal development.

Higher Education and Training Health Wellness and Development Centre invites applications for the position of **Clinical/Counselling Psychologists** based in Limpopo (based in Polokwane)

#### Job summary

The role of the clinical/counselling psychologists is to conduct evaluations and treatment in order to diagnose and relieve psychological issues; these issues may be due to the mental state of students & staff or the environment and situations he/she has been facing. He/she is required to also train, support and supervise lay/peer counsellors.

# Requirements

- Master's degree in Clinical/Counselling Psychology
- Must be registered with the HPCSA
- Minimum 2 3 years experience in clinical/counselling psychology
- A valid driver's licence is essential
- Excellent written and verbal communication
- Excellent report writing skills

Improving wellbeing. Inspiring success.

Directors: W de Villiers (Chairperson), A Bawa, M Mabizela, T Mayekiso, SJ Mlotshwa, N Phaswana-Mafuya, A Singh, D Tromp, B Madalane, R Ahluwalia (CEO)







- Good interpersonal skills
- Proficient in microsoft packages

### **Duties & Responsibilities include but not limited to:**

#### 1. Psychological Assessment

Clinical/Counselling psychologists should have the ability to use psychological assessment to conceptualise, diagnose, plan and monitor therapeutic processes and outcomes by:

- Using a range of psychological assessments, including systematic interviewing to establish the presence of clinical signs and symptoms of psychological distress;
- Assessing the neuro-cognitive, personality and emotional functioning of students and staff;
- Performing comprehensive mental status assessment in combination with the use of formal diagnostic classification systems for students and staff;
- Diagnosing a broad range of psychiatric disorders and psychological disorders for students and staff;
- Communicating effectively psychological findings to a variety of recipients in different formats;
- Recognizing the need for further investigations and refer to other disciplines.

#### 2. Psychological Interventions

Clinical/Counselling Psychologists should have the ability to develop theoretical and aetiological formulations in order to:

- Apply psychological interventions to students and staff with psychiatric, medical and neurocognitive conditions;
- Perform a range of psychological interventions with students and staff based on a diversity of psychological theories;
- Identify, understand and promote coping with psychological distress and life challenges.
- Identify psychological emergencies and intervene;
- Enhance mental health functioning of students and staff;
- Work in different contexts e.g. student community, medical and/ or mental health settings and implement appropriate evidence-based interventions;
- Apply a range of intensive, long-term interventions as well as short-term, supportive, psycho-educational interventions. (Specific interventions will vary by settings in which clinical/counselling psychologists operate, and according to the scope of practice).
- Have knowledge of the theory and practice of more than three evidence-based models of psychological therapy.

# 3. Training and Supervision

- Ability to train other practitioners and provide such training and supervision in accordance with the requirements of their category of registration and scope of practice;
- Ability to present cases in multi-disciplinary settings.

# 4. Ethics

- Clinical/Counselling Psychologists have a thorough knowledge of the code of professional ethics of the HPCSA and the Professional Board for Psychology;
- Clinical/Counselling Psychologists must have the ability to conduct all aspects of psychological practice and research in accordance with guidelines for professional practice of the HPCSA and the Professional Board for Psychology.